



Allerdale
and
Copeland

Be Inspired

Cumbria Adult Learning



Autumn 2021

Welcome...

...to the new brochure for Cumbria Adult Learning.

The landscape of learning and employment continues to change due to the impact of the Covid-19 crisis. As we start to emerge from the pandemic, Cumbria Adult Learning is here to support you, and this year is no exception. We start this academic year with our new service name "Cumbria Adult Learning", better reflecting our wide-ranging curriculum. We offer English, Maths, ESOL and Digital, alongside Health & Wellbeing, Employability, Languages and Arts and Crafts.

As a result of your recent feedback, we are returning to community-based courses, as well as expanding our Online offer using Zoom.

Please be assured, that your health and safety is paramount, and we will continue to follow the latest Government guidance to make sure your learning environment is safe.

Now is a great opportunity for you to learn something new, either in a local community venue or Online. Whichever way you choose to learn with us, you will have the opportunity to meet new people, build your confidence, develop new skills, gain new qualifications or further your career: above all we are here to support you through your personal learning journey.



Best Wishes
Cllr Deborah Earl

Covid-19

As we begin to open our doors delivering courses in local venues throughout Cumbria, we want to reassure you that all courses will run in accordance with the latest government Covid-19 guidelines. However, if you have any concerns about joining a course, please contact your local centre who will be more than happy to talk you through how we are operating in these unprecedented times.

As some uncertainty still remains, course dates, times and venues advertised could change - please visit our website or contact your local centre for the most up to date course information.

We look forward to welcoming you soon.

Our Centres

Why not contact one of our centres and have an informal chat to find out how we can help?

- **Cumbria Adult Learning in Allerdale (A)**
Tel: 01900 706023
Email: allerdaleadultlearning@cumbria.gov.uk
- **Cumbria Adult Learning in Barrow (B)**
Tel: 01229 407630 / 07867 182841
Email: barrowadultlearning@cumbria.gov.uk
- **Cumbria Adult Learning in Carlisle (CA)**
Tel: 01228 227304 / 01228 227305
Email: carlisleadultlearning@cumbria.gov.uk
- **Cumbria Adult Learning in Copeland (CO)**
Tel: 01946 506416
Email: copelandadultlearning@cumbria.gov.uk
- **Cumbria Adult Learning in Eden (E)**
Tel: 07468 709606
Email: edenadultlearning@cumbria.gov.uk
- **Cumbria Adult Learning in South Lakeland (S)**
Tel: 01539 713257 / 07423 749511
Email: southlakelandadultlearning@cumbria.gov.uk
- **Gen 2 (G2)**
Tel: 01900 701300 – Louise Graham – louise.graham@gen2.ac.uk
Allerdale and Copeland – Laura Connor – laura.connor@gen2.ac.uk
Carlisle and Eden – Alan Senior – alan.senior@gen2.ac.uk
Barrow and South Lakes – Joshua Bates – joshua.bates@gen2.ac.uk
- **Kingmoor Community and Business Centre (K)**
Tel: 01228 598484 (Carlisle)
Email: office@kingmoorcbc.co.uk
- **PHX Training (P)**
Tel: 01228 810960 (Carlisle) Email: carlisle@phxtraining.co.uk
Tel: 01900 233109 (Workington) Email: workington@phxtraining.co.uk
Tel: 01229 808095 (Barrow) Email: barrow@phxtraining.co.uk



Progress with us

Community Learning



Skills



Employment/
Self-Employment

Further or Higher
Education

Confidence

Work
Volunteer

Life Skills

Improved
Health and
Wellbeing

Further Study

Enterprise and
Self- Employment

Further Study with
Cumbria Adult Learning



Arts and Crafts

For more information about any of our courses listed below, visit our website adultlearning.cumbria.gov.uk and search for the course using the course code. There is a wealth of information available at your fingertips.



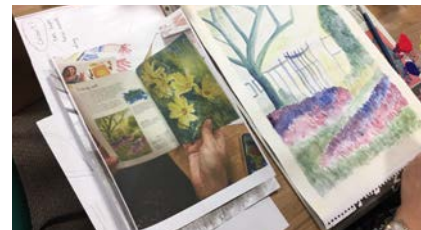
Face to face courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Exploring Colour at Muncaster Castle	CO	WHC00761A	Muncaster Castle	Sa	07/08/2021	1	10:00	15:00	£38.00	P
Industrial Heritage Photography	CO	WHC00081A	To Be Confirmed**	Sa	07/08/2021	3	11:00	13:00	£33.00	P
Watercolour in the Grounds of Muncaster Castle	CO	WHC00771A	Muncaster Castle	Sa	14/08/2021	1	10:00	15:00	£38.00	P
Exploring Patterns in Nature at Muncaster Castle	CO	WHC00891A	Muncaster Castle	Sa	21/08/2021	1	10:00	15:00	£38.00	P
Ready Steady Throw Beginners Pottery	CO	WHC00781A	Florence Art Centre (Egremont)	W	22/09/2021	5	13:00	15:00	£63.00	P
Photography for Beginners	CO	WHC00061A	St Benedict's Catholic High School	W, Sa	22/09/2021	5	18:30	21:00	£121.00	P
Drawing the Views of Whitehaven Harbour Beginners	CO	WHC01151A	Royal British Legion (Bransty)	F	24/09/2021	10	10:00	12:00	£110.00	P
Watercolour the Views of Whitehaven Harbour Beginners	CO	WHC01041A	Royal British Legion (Bransty)	F	24/09/2021	10	13:00	15:00	£110.00	P
Create a Lake District Postcard	A	WOC00051A	The Settlement (Maryport)	Tu	28/09/2021	10	10:00	12:00	£160.00	F
Painting Seascapes	A	WOC00061A	The Settlement (Maryport)	W	29/09/2021	10	13:00	15:00	£160.00	F
Photography for the Serious Amateur	CO	WHC00071A	St Benedict's Catholic High School	W, Sa	03/11/2021	6	18:30	21:00	£137.50	P

** Please see website for course venue updates



If you can't enrol online, you can still pick up a paper enrolment form from your local centre (page 3)





Online courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Beginner Craft Skills The Art of Collage	S	SLC00231A	Online Delivery	W	08/09/2021	7	18:30	20:30	£70.00	P
Exploring Architectural History and Design	CO	WHC00731A	Online Delivery	M	20/09/2021	5	13:00	15:00	£50.00	P
Getting to Grips with Photoshop and Lightroom	CO	WHC00961A	Online Delivery	M	20/09/2021	5	18:00	20:00	£50.00	P
Intermediate Drawing	E	SHC00231A	Online Delivery	M	20/09/2021	10	18:30	20:30	£100.00	P
Getting Started with Digital Illustration	CO	WHC00981A	Online Delivery	Tu	21/09/2021	5	18:00	20:00	£50.00	P
Sewing for Improvers	E	SHC00451A	Online Delivery	Tu	21/09/2021	10	18:30	20:30	£100.00	P
Improvers Drawing	E	SHC00241A	Online Delivery	W	22/09/2021	10	18:30	20:30	£100.00	P
Exploring Pattern in Landscape	CO	WHC01031A	Online Delivery	Th	23/09/2021	5	18:00	20:00	£50.00	P
Sewing for Beginners	E	SHC00221A	Online Delivery	Th	23/09/2021	10	18:30	20:30	£100.00	P
Improvers Abstract Art	E	SHC00141A	Online Delivery	M	27/09/2021	8	10:00	12:30	£100.00	P
Painting Get to Grips with Using Colour	E	SHC00271A	Online Delivery	M	27/09/2021	8	13:30	16:00	£100.00	P
Beginners Acrylics	E	SHC00251A	Online Delivery	W	29/09/2021	8	10:00	12:30	£100.00	P
Autumn Flowers in Watercolour	A	WOC00111A	Online Delivery	Th	07/10/2021	1	10:00	16:00	£48.00	F
Mushrooms in Watercolour	A	WOC00121A	Online Delivery	Th	28/10/2021	1	10:00	16:00	£48.00	F
Autumn Leaves and Berries in Watercolour	A	WOC00191A	Online Delivery	Th	04/11/2021	1	10:00	16:00	£48.00	F
Sew a Christmas Stocking	E	SHC01261A	Online Delivery	W	17/11/2021	1	18:30	20:30	£10.00	P
Sew a Christmas Tree Decoration	E	SHC01271A	Online Delivery	W	24/11/2021	1	19:00	20:00	£5.00	P
Winter Fruits in Watercolour	A	WOC00421A	Online Delivery	Th	25/11/2021	1	10:00	16:00	£48.00	F
No Sew Christmas Tree Decoration	E	SHC01341A	Online Delivery	W	01/12/2021	1	19:00	20:00	£5.00	P
Christmas Flowers	E	SHC01241A	Online Delivery	Sa	04/12/2021	1	13:30	16:00	£12.50	P
Paint Holly in Watercolour for Christmas	A	WOC00471A	Online Delivery	Th	09/12/2021	1	10:00	16:00	£48.00	F
Christmas Gifts Make a Notebook	E	SHC01251A	Online Delivery	Sa	11/12/2021	1	13:30	16:00	£12.50	P

Do you want to speak to someone about a course? Why not contact your Centre today, see page 3 for contact details.
Some learners may be eligible for fee concessions. For more information on the fee codes please see back page.



Digital Skills

For more information about any of our courses listed below, visit our website adultlearning.cumbria.gov.uk and search for the course using the course code. There is a wealth of information available at your fingertips.



*If you would like to enrol on a Digital Qualification course, visit our website for details on how to book your free initial assessment



Face to face courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Introduction to IT	A	WOC00201B	Workington Library	W	08/09/2021	6	09:30	11:30	FREE	S
Getting Started with Email and Internet	A	WOC01301A	Workington Library	W	08/09/2021	1	12:30	15:30	FREE	S
Beginners Office	A	WOC01311A	Workington Library	F	10/09/2021	6	09:30	11:30	FREE	S
Essential Digital Skills Qualification Level 1*	A	WOS00521A	Workington Library	F	10/09/2021	15	13:00	16:00	FREE	A
Introduction to IT	CO	WHC00581A	Whitehaven Harbour Youth Project	M	13/09/2021	6	10:00	12:00	FREE	S
Beginners Office	CO	WHC00651A	Whitehaven Harbour Youth Project	M	13/09/2021	6	13:00	15:00	FREE	S
Essential Digital Skills Qualification Level 1*	CO	WHS00871A	Whitehaven Harbour Youth Project	Tu	14/09/2021	15	09:30	12:30	FREE	A
Certificate in IT User Skills ECDL Extra Level 2*	CO	WHS00091A	Whitehaven Harbour Youth Project	Tu	14/09/2021	20	13:00	16:00	£290**	A
Certificate in IT User Skills ECDL Extra Level 2*	CO	WHS00091B	St Benedict's Catholic High School	Tu	14/09/2021	20	18:00	21:00	£290**	A
Essential Digital Skills Qualification Entry 3*	CO	WHS00761A	Millom Network Centre	W	15/09/2021	15	09:30	12:30	FREE	A
Getting the Most Out of Your Smartphone	A	WOC00841A	Workington Library	W	15/09/2021	1	12:30	15:30	FREE	S
Introduction to IT	CO	WHC00581B	Millom Network Centre	W	15/09/2021	6	13:00	15:00	FREE	S
Beginners Office	CO	WHC00651B	Millom Hub	W	15/09/2021	6	18:00	20:00	FREE	S
Essential Digital Skills Qualification Level 1*	CO	WHS00871B	Whitehaven Harbour Youth Project	Th	16/09/2021	15	09:30	12:30	FREE	A
Essential Digital Skills Qualification Entry 3*	CO	WHS00761B	Whitehaven Harbour Youth Project	Th	16/09/2021	15	13:00	16:00	FREE	A
Introduction to IT	A	WOC00201A	Wigton Market Hall	Tu	21/09/2021	6	13:00	15:00	FREE	S
Getting the Most Out of Your iPad	A	WOC00221A	Workington Library	W	22/09/2021	1	12:30	15:30	FREE	S
Introduction to IT	A	WOC00201C	Keswick Library	Th	23/09/2021	6	13:00	15:00	FREE	S
Getting the Most Out of your Smartphone	CO	WHC00161A	Seascale Library	Tu	28/09/2021	1	10:00	12:00	FREE	S

**Concessions may apply, please speak to your local centre (page 3)

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Getting the Most Out of your Smartphone	CO	WHC00161B	St Bees Village Hall	Tu	28/09/2021	1	13:00	15:00	FREE	S
Getting the Most Out of Your Android Tablet	A	WOC00851B	Workington Library	W	29/09/2021	1	12:30	15:30	FREE	S
Getting Started Email and Internet	CO	WHC00461A	Seascale Library	Tu	05/10/2021	1	10:00	12:00	FREE	S
Getting Started Email and Internet	CO	WHC00461B	St Bees Village Hall	Tu	05/10/2021	1	13:00	15:00	FREE	S
Android Tablet for Beginners	A	WOC01321A	Workington Library	W	06/10/2021	2	12:30	15:30	FREE	S
Online Safety	CO	WHC00661A	Seascale Library	Tu	12/10/2021	1	10:00	12:00	FREE	S
Online Safety	CO	WHC00661B	St Bees Village Hall	Tu	12/10/2021	1	13:00	15:00	FREE	S
Safer Shopping Online	CO	WHC00801A	Seascale Library	Tu	19/10/2021	1	10:00	12:00	FREE	S
Beginners Computers	A	WOC00211A	Wigton Market Hall	Tu	19/10/2021	8	12:30	15:00	FREE	S
Safer Shopping Online	CO	WHC00801B	St Bees Village Hall	Tu	19/10/2021	1	13:00	15:00	FREE	S
Beginners Computers	A	WOC00141A	Workington Library	W	20/10/2021	8	09:30	12:00	FREE	S
Beginners Computers	A	WOC00211B	Keswick Library	Th	21/10/2021	8	12:30	15:00	FREE	S
Essential Digital Skills Qualification Entry 3*	A	WOS00501A	Workington Library	F	22/10/2021	15	09:00	12:00	FREE	A
iPad for Beginners	A	WOC01331A	Workington Library	W	03/11/2021	2	12:30	15:30	FREE	S
Beginners Computers	CO	WHC00031A	Millom Network Centre	W	03/11/2021	10	13:00	15:00	FREE	S
Beginners Excel	A	WOC00861B	Workington Library	Tu	17/11/2021	4	12:30	15:30	FREE	S



Online courses



Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Getting the Most Out of Your Android Tablet	A	WOC00851A	Online Delivery	W	17/08/2021	1	09:30	12:30	FREE	S
Excel Taster	A	WOC01451A	Online Delivery	Tu	24/08/2021	1	09:30	12:30	FREE	S
Word Taster	A	WOC01501A	Online Delivery	Tu	31/08/2021	1	09:30	12:30	FREE	S
Using Zoom	A	WOC01121A	Online Delivery	Th	21/09/2021	1	09:30	11:30	FREE	S
Beginners Excel	A	WOC00861A	Online Delivery	Tu	28/09/2021	4	09:30	11:30	FREE	S
Getting the Most out of Your Library Membership	A	WOC01291A	Online Delivery	W	13/10/2021	1	09:30	11:30	FREE	S
Online Safety	B	ABC01391A	Online Delivery	M	18/10/2021	1	13:00	15:00	FREE	S

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Beginners Office	B	ABC01401A	Online Delivery	M	01/11/2021	6	13:00	15:00	FREE	S
Improvers Excel	A	WOC01171A	Online Delivery	Tu	02/11/2021	4	09:30	11:30	FREE	S
Using Zoom	A	WOC01121B	Online Delivery	W	03/11/2021	1	09:30	11:30	FREE	S

Do you want to speak to someone about a course? Why not contact your Centre today, see page 3 for contact details. Some learners may be eligible for fee concessions. For more information on the fee codes please see back page.



Employability

For more information about any of our courses listed below, visit our website adultlearning.cumbria.gov.uk and search for the course using the course code. There is a wealth of information available at your fingertips.



Face to face courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Certificate in Principles of Team Leading Level 2	P	PHS00151C	PHX Training (Workington)	M - F	02/08/2021	3	09:30	15:30	FREE	A
Introduction to Engineering	G2	G2S00101D	Gen 2 (Workington)	M - F	09/08/2021	1	08:30	15:30	FREE	A
Preparing and Using Welding Equipment Unit Level 2	G2	G2S00011D	Gen 2 (Workington)	M - F	16/08/2021	1	08:30	15:30	FREE	A
Certificate in Cleaning Principles Level 2	P	PHS00361C	PHX Training (Workington)	M - F	23/08/2021	1	09:30	15:30	FREE	A
Award in Health and Safety in the Workplace Level 2	G2	G2S00021C	Gen 2 (Workington)	Tu	24/08/2021	1	08:30	15:30	FREE	A
Certificate in Employability Skills Level 1	P	PHS00391C	PHX Training (Workington)	M - F	31/08/2021	2	09:30	15:30	FREE	A
Award in Risk Assessment Level 2	G2	G2S00041C	Gen 2 (Workington)	W	01/09/2021	1	08:30	15:30	FREE	A
Preparing for Employment	A	WOC00871A	Workington Library	M	06/09/2021	6	09:00	11:30	FREE	S
Award in Health and Care Level 1	A	WOS00591A	Workington Library	M	06/09/2021	10	09:00	14:30	FREE	A
Award in Understanding Employment Business and Enterprise Level 1	A	WOS00601A	Workington Library	M	06/09/2021	6	12:30	16:00	FREE	A

Keep checking our website for more course releases throughout the team.

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Introduction to Health and Safety	A	WOC00711B	Workington Library	Tu	07/09/2021	1	09:00	12:00	FREE	S
Know your Rights in the Workplace	A	WOC00731A	Workington Library	Tu	07/09/2021	1	13:00	16:00	FREE	S
Certificate in Principles of Customer Service Level 2	P	PHS00381C	PHX Training (Workington)	M - F	13/09/2021	2	08:30	15:30	FREE	A
Volunteering Workshop	CO	WHC00151A	Archive Building Whitehaven	M	13/09/2021	1	09:30	12:30	FREE	S
Volunteering Workshop	CO	WHC00151B	Phoenix Centre (Cleator Moor)	M	13/09/2021	1	13:30	16:30	FREE	S
Award in Health and Safety Level 1	A	WOS00581A	Workington Library	Tu	14/09/2021	4	09:00	12:00	FREE	A
Award for Introduction to Customer Service Level 1	CO	WHS00891A	Archive Building Whitehaven	Tu	14/09/2021	19	09:30	12:30	FREE	A
Award in Volunteering Level 1	CO	WHS00901A	Archive Building Whitehaven	Tu	14/09/2021	17	13:00	16:00	FREE	A
Award in Health and Care Level 1	CO	WHS00921A	Royal British Legion (Bransty)	Th	16/09/2021	20	10:00	12:30	FREE	A
Volunteering Workshop	CO	WHC00151C	Millom Network Centre	F	17/09/2021	1	09:30	12:30	FREE	S
Job Search and Application	CO	WHC00501A	Archive Building Whitehaven	M	20/09/2021	1	09:30	12:30	FREE	S
Job Search and Application	CO	WHC00501B	Phoenix Centre (Cleator Moor)	M	20/09/2021	1	13:30	16:30	FREE	S
Job Search and Application	CO	WHC00501C	Millom Network Centre	F	24/09/2021	1	09:30	12:30	FREE	S
Introduction to Health and Safety	CO	WHC00351A	Archive Building Whitehaven	M	27/09/2021	1	09:30	12:30	FREE	S
Certificate in Cleaning Principles Level 2	P	PHS00361F	PHX Training (Workington)	M - F	27/09/2021	1	09:30	15:30	FREE	A
Introduction to Health and Safety	CO	WHC00351B	Phoenix Centre (Cleator Moor)	M	27/09/2021	1	13:30	16:30	FREE	S
Introduction to Health and Safety	CO	WHC00351C	Millom Network Centre	F	01/10/2021	1	09:30	12:30	FREE	S
Promoting Positive Relationships in the Workplace	CO	WHC00531A	Archive Building Whitehaven	M	04/10/2021	1	09:30	12:30	FREE	S
Certificate in Employability Skills Level 1	P	PHS00391F	PHX Training (Workington)	M - F	04/10/2021	2	09:30	15:30	FREE	A
Promoting Positive Relationships in the Workplace	CO	WHC00531B	Phoenix Centre (Cleator Moor)	M	04/10/2021	1	13:30	16:30	FREE	S
Promoting Positive Relationships in the Workplace	CO	WHC00531C	Millom Network Centre	F	08/10/2021	1	09:30	12:30	FREE	S
Troubleshoot your CV	CO	WHC00541A	Archive Building Whitehaven	M	11/10/2021	1	09:30	12:30	FREE	S
Troubleshoot your CV	CO	WHC00541B	Phoenix Centre (Cleator Moor)	M	11/10/2021	1	13:30	16:30	FREE	S
Troubleshoot your CV	CO	WHC00541C	Millom Network Centre	F	15/10/2021	1	09:30	12:30	FREE	S
Certificate in Principles of Customer Service Level 2	P	PHS00381F	PHX Training (Workington)	M - F	18/10/2021	2	08:30	15:30	FREE	A
Create your CV	A	WOC00741C	Workington Library	M	18/10/2021	1	09:00	12:00	FREE	S
Troubleshoot your Interview	CO	WHC00921A	Archive Building Whitehaven	M	18/10/2021	1	09:30	12:30	FREE	S

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Interview Preparation	A	WOC00751B	Workington Library	M	18/10/2021	1	13:00	16:00	FREE	S
Troubleshoot your Interview	CO	WHC00921B	Phoenix Centre (Cleator Moor)	M	18/10/2021	1	13:30	16:30	FREE	S
Troubleshoot your Interview	CO	WHC00921C	Millom Network Centre	M	22/10/2021	1	09:30	12:30	FREE	S
Wiring and Testing Electrical Equipment and Circuits	G2	G2S00121C	Gen 2 (Workington)	M - F	25/10/2021	1	08:30	15:30	FREE	A
Maintaining Mechanical Devices and Equipment	G2	G2S00051C	Gen 2 (Workington)	M - F	25/10/2021	1	08:30	15:30	FREE	A
Spreadsheet Software Level 2 Unit	G2	G2S00081C	Gen 2 (Workington)	M, Tu	15/11/2021	1	09:00	15:30	FREE	A



Online courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Create your CV	A	WOC00741A	Online Delivery	Tu	17/08/2021	1	09:00	12:00	FREE	S
Promoting Positive Relationships in the Workplace	A	WOC00951A	Online Delivery	Tu	17/08/2021	1	13:00	16:00	FREE	S
Building Confidence for Employment	A	WOC00721A	Online Delivery	Tu	24/08/2021	1	09:00	12:00	FREE	S
Introduction to Health and Safety	A	WOC00711A	Online Delivery	Tu	24/08/2021	1	13:00	16:00	FREE	S
Interview Preparation	A	WOC00751A	Online Delivery	Tu	31/08/2021	1	09:00	12:00	FREE	S
Create your CV	A	WOC00741B	Online Delivery	Tu	31/08/2021	1	13:00	16:00	FREE	S
Introduction to Volunteering	B	ABC00861A	Online Delivery	M	06/09/2021	7	10:00	12:00	FREE	S
Education and Training Award	CO	WHS00251A	Online Delivery	M	13/09/2021	13	09:30	12:30	£370.00	B
Building Confidence for Employment	E	SHC01211A	Online Delivery	Tu	14/09/2021	6	10:00	12:00	FREE	S
Create your CV	S	SLC00741A	Online Delivery	Tu	14/09/2021	1	12:30	15:30	FREE	S
Seeking Employment	E	SHC00361A	Online Delivery	Tu	14/09/2021	6	13:00	15:00	FREE	S
Building Confidence for Employment	S	SLC00991A	Online Delivery	Tu	21/09/2021	5	10:00	12:00	FREE	S
Award in Health and Care Level 1	B	ABS00811A	Online Delivery	W	22/09/2021	12	10:00	12:00	FREE	A
Award in Volunteering Level 1	B	ABS00671A	Online Delivery	M	01/11/2021	12	10:00	12:00	FREE	A
Troubleshoot your CV	S	SLC01141A	Online Delivery	Tu	02/11/2021	1	09:30	12:30	FREE	S
Prepare for Employment	E	SHC00351A	Online Delivery	Tu	02/11/2021	6	10:00	12:00	FREE	S
Assertiveness and Decision Making	E	SHC00701A	Online Delivery	Tu	02/11/2021	6	13:00	15:00	FREE	S

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Introduction to Volunteering	S	SLC01151A	Online Delivery	Tu	09/11/2021	6	10:00	12:00	FREE	S

Do you want to speak to someone about a course? Why not contact your Centre today, see page 3 for contact details. Some learners may be eligible for fee concessions. For more information on the fee codes please see back page.

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English

For more information about any of our courses listed below, visit our website adultlearning.cumbria.gov.uk and search for the course using the course code. There is a wealth of information available at your fingertips.



*If you would like to enrol on a GCSE or Functional Skills course, visit our website for details on how to book your free initial assessment.



Face to face courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Functional Skills English Level 2*	CO	WHS00151A	Archive Building Whitehaven	M	13/09/2021	18	09:30	12:30	FREE	M
Functional Skills English Level 1*	CO	WHS00141A	Archive Building Whitehaven	M	13/09/2021	18	13:00	16:00	FREE	M
Extended Award in English Skills Level 1*	CO	WHS00581A	Archive Building Whitehaven	M	13/09/2021	20	13:00	16:00	FREE	M
Functional Skills English Level 1*	A	WOS00191A	Workington Library	Tu	14/09/2021	18	13:00	16:00	FREE	M
Functional Skills English Level 2*	A	WOS00161A	Workington Library	Tu	14/09/2021	18	18:00	21:00	FREE	M
Functional Skills English Level 1*	A	WOS00191B	Workington Library	W	15/09/2021	27	12:30	14:30	FREE	M
GCSE English*	CO	WHS00051A	Royal British Legion (Bransty)	W	15/09/2021	30	13:00	16:00	FREE	M
GCSE English*	CO	WHS00051B	St Benedict's Catholic High School	W	15/09/2021	30	18:00	21:00	FREE	M
GCSE English*	A	WOS00021A	Workington Library	W	15/09/2021	30	18:00	21:00	FREE	M
Functional Skills English Entry 3*	CO	WHS00211A	United Reform Church (Whitehaven)	Th	16/09/2021	27	09:30	11:30	FREE	M
Functional Skills English Entry 2*	CO	WHS00241A	United Reform Church (Whitehaven)	Th	16/09/2021	27	09:30	11:30	FREE	M
Functional Skills English Entry 3*	CO	WHS00211B	United Reform Church (Whitehaven)	Th	16/09/2021	18	12:00	15:00	FREE	M
Reader Development Programme One	CO	WHC00011A	United Reform Church (Whitehaven)	Th	16/09/2021	15	12:30	14:30	FREE	S

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Writer Development Programme One	CO	WHC00281A	United Reform Church (Whitehaven)	Th	16/09/2021	15	12:30	14:30	FREE	S
Extended Award in English Skills Entry 3*	CO	WHS00371A	Whitehaven Harbour Youth Project	F	17/09/2021	30	09:30	11:30	FREE	A



Online courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
GCSE English*	B	ABS00041A	Online Delivery	W	08/09/2021	30	18:00	21:00	FREE	M
Functional Skills English Level 2*	CA	CLS00091A	Online Delivery	M	13/09/2021	18	18:00	21:00	FREE	M
GCSE English*	CA	CLS00031A	Online Delivery	Tu	14/09/2021	30	18:00	21:00	FREE	M
Functional Skills English Level 1*	S	SLS00501A	Online Delivery	W	15/09/2021	18	13:00	16:00	FREE	M
Functional Skills English Level 2*	S	SLS00511A	Online Delivery	W	15/09/2021	18	13:00	16:00	FREE	M
Functional Skills English Level 2*	CO	WHS00151B	Online Delivery	Th	16/09/2021	18	18:00	21:00	FREE	M
Functional Skills English Level 1*	CO	WHS00141B	Online Delivery	Th	16/09/2021	18	18:00	21:00	FREE	M
Creative Writing	CA	CLC00061A	Online Delivery	Th	23/09/2021	10	18:30	20:30	£100.00	P
Extended Award in English Skills Level 1*	A	WOS00561A	Online Delivery	F	24/09/2021	30	09:30	11:30	FREE	M
Extended Award in English Skills Level 1*	A	WOS00561B	Online Delivery	F	24/09/2021	30	13:00	15:00	FREE	M

abc

English for Speakers of Other Languages (ESOL)

For more information about any of our courses listed below, visit our website adultlearning.cumbria.gov.uk and search for the course using the course code. There is a wealth of information available at your fingertips.



Face to face courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Award in ESOL Skills for Life Reading Entry 2*	A	WOS00511A	Workington Library	M	06/09/2021	36	09:30	12:00	FREE	A
Award in ESOL Skills for Life Writing Entry 2*	A	WOS00551A	Workington Library	W	08/09/2021	38	10:00	12:00	FREE	A
Award in ESOL Skills for Life Writing Entry 1*	CO	WHS00881A	New Life Church (Whitehaven)	Tu, Th	14/09/2021	23	09:30	11:30	FREE	A

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
ESOL Beginners English Support	CO	WHC00051A	New Life Church (Whitehaven)	Tu	14/09/2021	10	12:00	14:00	FREE	S
Award in ESOL Skills for Life Writing Entry 2*	CO	WHS00911A	New Life Church (Whitehaven)	Th	16/09/2021	30	12:00	15:00	FREE	A
ESOL Beginners English Support	A	WOC00461A	Workington Library	M	20/09/2021	10	12:30	14:30	FREE	S

Do you want to speak to someone about a course? Why not contact your Centre today, see page 3 for contact details. Some learners may be eligible for fee concessions. For more information on the fee codes please see back page.



Family Learning

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Face to face courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Resilience: "Awesome Me" Workshop - Feel Good! (EYFS)	CO	WHC00181A	Whitehaven Library	W	04/08/2021	1	09:30	11:30	FREE	S
Resilience: "Awesome Me" Workshop - Feel Good! (KS1)	CO	WHC00191A	Whitehaven Library	W	04/08/2021	1	13:30	15:30	FREE	S
English: "Mysteries and Spies" Workshop - Enjoy Writing! (KS2)	CO	WHC00201A	Whitehaven Library	W	18/08/2021	1	09:30	11:30	FREE	S



Online courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Maths: All about Preparing your Child for Year 1	E	SHC01161A	Online Delivery	Tu	10/08/2021	4	09:30	11:00	FREE	S
Maths: All about Preparing your Child for Year 2	E	SHC01121A	Online Delivery	Tu	10/08/2021	4	13:00	14:30	FREE	S
English: All about Preparing your Child for Year 2	E	SHC01121B	Online Delivery	W	11/08/2021	4	09:30	11:00	FREE	S
English: All about Preparing your Child for Year 1	E	SHC01161B	Online Delivery	W	11/08/2021	4	13:00	14:30	FREE	S
Early Years: All about Preparing your Child for Reception	E	SHC01171A	Online Delivery	Th	12/08/2021	4	09:30	11:00	FREE	S

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
English: All about Phonics - Make a Rhyming Puppet (Rec and KS1)	E	SHC01151A	Online Delivery	Th	12/08/2021	4	13:00	14:30	FREE	S
English: All about Writing - Playful Ways to Help your Child (KS2)	S	SLC00521A	Online Delivery	Tu	14/09/2021	3	11:00	12:30	FREE	S
English: All about Basic Punctuation (KS1 and KS2)	CO	WHC00591A	Online Delivery	W	15/09/2021	3	09:30	11:00	FREE	S
Science: All about Looking after the Birds (KS1 and KS2)	S	SLC00661A	Online Delivery	W	15/09/2021	3	13:00	14:30	FREE	S
English: All about Trickier Punctuation (KS1 and KS2).	S	SLC00881A	Online Delivery	Th	16/09/2021	3	18:00	19:30	FREE	S
English: All about Phonics - Make a Rhyming Puppet (Rec and KS1)	E	SHC01151B	Online Delivery	M	20/09/2021	4	09:30	11:00	FREE	S
Maths: All about Number (KS1)	E	SHC01601A	Online Delivery	M	20/09/2021	4	13:00	14:30	FREE	S
Early Years: All about Learning through Stories	E	SHC00471A	Online Delivery	F	24/09/2021	4	09:30	11:00	FREE	S
English: All about Reading - Make a Den (EYFS and KS1)	E	SHC01611A	Online Delivery	F	24/09/2021	4	13:00	14:30	FREE	S
English: All about Writing Marvellous Sentences (KS1 and KS2)	S	SLC00531A	Online Delivery	Tu	05/10/2021	3	11:00	12:30	FREE	S
Resilience: All about Feeling Good - Make an "Awesome Me" Collage (KS1)	CO	WHC00601A	Online Delivery	W	06/10/2021	3	09:30	11:00	FREE	S
Science: All about Looking after the Insects (KS1 and KS2)	S	SLC00671A	Online Delivery	W	06/10/2021	3	13:00	14:30	FREE	S
English: All about Reading - Make a Den (EYFS and KS1)	S	SLC00891A	Online Delivery	Th	07/10/2021	3	18:00	19:30	FREE	S
Early Years: All about Counting and Playing - Make a Maths Mobile	E	SHC01111A	Online Delivery	M	01/11/2021	4	09:30	11:00	FREE	S
English: All about Writing - Playful Ways to Help your Child (KS1)	E	SHC01441A	Online Delivery	M	01/11/2021	4	13:00	14:30	FREE	S
Healthier Living: All about a Better Sleep (Nur, Rec, KS1 and KS2)	S	SLC00541A	Online Delivery	Tu	02/11/2021	3	11:00	12:30	FREE	S
Maths: All about Fractions (KS2)	S	SLC00711A	Online Delivery	W	03/11/2021	3	13:00	14:30	FREE	S
Maths: All about Division (KS2)	S	SLC00921A	Online Delivery	Th	04/11/2021	3	18:00	19:30	FREE	S
English: All about Phonics - Make a Rhyming Puppet (Rec and KS1)	E	SHC01151C	Online Delivery	F	05/11/2021	4	09:30	11:00	FREE	S
Maths: All about Shape (KS1)	E	SHC01141A	Online Delivery	F	05/11/2021	4	13:00	14:30	FREE	S
Healthier Living: All about Snacks (EYFS, KS1 and KS2)	S	SLC00561A	Online Delivery	Tu	23/11/2021	3	11:00	14:30	FREE	S
Science: All about Investigations (KS1 and KS2)	S	SLC00721A	Online Delivery	W	24/11/2021	3	13:00	14:30	FREE	S
English: All about the Trickiest Punctuation (KS1 and KS2)	S	SLC00881B	Online Delivery	Th	25/11/2021	3	18:00	19:30	FREE	S



Do you want to speak to someone about a course? Why not contact your Centre today, see page 3 for contact details.
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Health and Wellbeing

For more information about any of our courses listed below, visit our website adultlearning.cumbria.gov.uk and search for the course using the course code. There is a wealth of information available at your fingertips.



Face to face courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Award in Mental Health and Wellbeing Level 1	CO	WHS00851A	St Benedict's Catholic High School	Tu	14/09/2021	10	18:00	20:00	£47.00	A
Award in Mental Health and Wellbeing Level 1	A	WOS00431A	Workington Library	Tu	09/11/2021	4	09:00	12:00	£47.00	A
Award in Mental Health and Wellbeing Level 2	A	WOS00571A	Workington Library	Tu	07/12/2021	10	09:00	12:00	£97.00	A



Online courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Introduction to Mindfulness	E	SHC00131A	Online Delivery	W	08/09/2021	1	14:00	16:00	FREE	S
Keep Your Body Moving and Balance Improvers	S	SLC00341A	Online Delivery	F	10/09/2021	14	09:00	10:00	£70.00	P
Healthy Hearts	S	SLC00291A	Online Delivery	F	10/09/2021	14	10:15	11:15	£70.00	P
Keep Your Body Moving and Balance	S	SLC00961A	Online Delivery	F	10/09/2021	14	11:30	12:30	£70.00	P
Keeping Calm and Carrying On	S	SLC01291A	Online Delivery	Th	16/09/2021	5	09:30	12:00	FREE	S
Beginners Personal Development	S	SLC01281A	Online Delivery	Th	16/09/2021	5	13:00	15:30	FREE	S
A Mindfulness Based Approach to Healthy Eating	E	SHC00851A	Online Delivery	W	22/09/2021	1	14:00	16:00	£10.00	P
Award in The Importance of Resilience and Grit Entry 3	B	ABS00851B	Online Delivery	Tu	28/09/2021	4	13:00	15:00	£78.00	A
A Mindfulness Based Approach to Moving	E	SHC00921A	Online Delivery	W	29/09/2021	1	14:00	16:00	£10.00	P
A Mindfulness Based Approach to Sleeping	E	SHC00881A	Online Delivery	W	06/10/2021	1	14:00	16:00	£10.00	P
A Mindfulness Based Approach to Relaxing	E	SHC01031A	Online Delivery	W	13/10/2021	1	14:00	16:00	£10.00	P
Award in The Importance of Resilience and Grit Level 1	B	ABS00861A	Online Delivery	Tu	26/10/2021	4	13:00	15:00	£78.00	A
Beginner Craft Skills Felt Making	S	SLC00131A	Online Delivery	W	03/11/2021	7	18:30	20:30	£70.00	P
Award in Personal Development Entry 3	S	SLS00591A	Online Delivery	Th	04/11/2021	14	09:30	12:30	£178.00	A

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Award in Personal Development Level 1	S	SLS00601A	Online Delivery	Th	04/11/2021	10	13:00	16:00	£97.00	A
Hill Skills Basic Essentials	CA	CLC00911A	Online Delivery	M, W	08/11/2021	2	18:00	19:30	£30.00	P
Introduction to Mindfulness	E	SHC00131C	Online Delivery	W	15/12/2021	1	14:00	16:00	FREE	S

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Languages

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Online courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Introduction to French	CA	CLC00071A	Online Delivery	Tu	10/08/2021	4	10:00	12:00	£40.00	P
Introduction to Spanish	CA	CLC00181A	Online Delivery	Tu	10/08/2021	4	14:00	16:00	£40.00	P
Russian Intermediate	CA	CLC01321A	Online Delivery	M	13/09/2021	12	18:00	20:00	£120.00	P
French Taster	A	WOC00041A	Online Delivery	M	13/09/2021	1	18:00	20:00	£10.00	P
Spanish Intermediate	S	SLC00011A	Online Delivery	M	13/09/2021	12	19:00	21:00	£120.00	P
Japanese Language Improvers	S	SLC00051A	Online Delivery	Tu	14/09/2021	12	13:00	15:00	£120.00	P
Spanish Improvers	CA	CLC00101A	Online Delivery	Tu	14/09/2021	12	14:30	16:30	£120.00	P
Italian Taster	A	WOC00031A	Online Delivery	Tu	14/09/2021	1	18:00	20:00	£10.00	P
German Intermediate	CA	CLC00191A	Online Delivery	Tu	14/09/2021	12	18:30	20:30	£120.00	P
Spanish Upper Intermediate	S	SLC00061A	Online Delivery	Tu	14/09/2021	12	19:00	21:00	£120.00	P
French Beginners	S	SLC00021A	Online Delivery	W	15/09/2021	12	10:00	12:00	£120.00	P
French Improvers	S	SLC00121A	Online Delivery	W	15/09/2021	12	14:00	16:00	£120.00	P
French Intermediate	S	SLC00041A	Online Delivery	W	15/09/2021	12	17:30	19:30	£120.00	P

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
German Improvers	CA	CLC00121A	Online Delivery	W	15/09/2021	12	18:00	20:00	£120.00	P
Spanish Taster	A	WOC00801A	Online Delivery	W	15/09/2021	1	18:00	20:00	£10.00	P
French Beginners	CA	CLC00871A	Online Delivery	Th	16/09/2021	12	14:30	16:30	£120.00	P
Spanish Beginners	CA	CLC00161A	Online Delivery	Tu	16/09/2021	12	14:30	16:30	£120.00	P
Russian Improvers	CA	CLC00901A	Online Delivery	Th	16/09/2021	12	18:00	20:00	£120.00	P
Russian Beginners	CA	CLC00891A	Online Delivery	F	17/09/2021	12	11:00	13:00	£120.00	P
German Beginners	CO	WHC00131A	Online Delivery	M	20/09/2021	10	18:00	20:00	£100.00	P
French Beginners	A	WOC00091A	Online Delivery	M	20/09/2021	12	18:00	20:00	£120.00	P
Spanish Intermediate	A	WOC01081A	Online Delivery	M	20/09/2021	12	18:00	20:00	£120.00	P
Spanish Intermediate	A	WOC01081B	Online Delivery	Tu	21/09/2021	12	18:00	20:00	£120.00	P
Italian Beginners	A	WOC00081A	Online Delivery	Tu	21/09/2021	10	18:00	20:00	£100.00	P
Spanish Beginners	A	WOC00101A	Online Delivery	W	22/09/2021	10	18:00	20:00	£100.00	P
Spanish Improvers	A	WOC00581A	Online Delivery	Th	23/09/2021	10	18:00	20:00	£100.00	P
French Improvers	A	WOC01271A	Online Delivery	Th	23/09/2021	10	18:00	20:00	£100.00	P



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Maths

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Face to face courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Maths First Steps	CO	WHC00491A	New Life Church (Whitehaven)	M	13/09/2021	1	09:30	12:00	FREE	S
Functional Skills Maths Entry 3*	A	WOS00201A	Workington Library	M	13/09/2021	22	12:00	14:30	FREE	M

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Functional Skills Maths Level 1*	A	WOS00171A	Workington Library	M	13/09/2021	18	18:00	21:00	FREE	M
Functional Skills Maths Level 2*	A	WOS00301A	Workington Library	M	13/09/2021	18	18:00	21:00	FREE	M
GCSE Maths*	CO	WHS00011B	Royal British Legion (Bransty)	Tu	14/09/2021	30	09:30	12:30	FREE	M
Extended Award in Mathematical Skills Entry 3*	CO	WHS00731A	Archive Building Whitehaven	Tu	14/09/2021	30	13:00	15:00	FREE	M
GCSE Maths*	CO	WHS00011D	Millom Hub	Tu	14/09/2021	30	18:00	21:00	FREE	M
GCSE Maths*	CO	WHS00011C	St Benedict's Catholic High School	Tu	14/09/2021	30	18:00	21:00	FREE	M
GCSE Maths*	A	WOS00091A	Workington Library	Tu	14/09/2021	30	18:00	21:00	FREE	M
Functional Skills Maths Level 1*	CO	WHS00161B	Royal British Legion (Bransty)	W	15/09/2021	18	09:30	12:30	FREE	M
Functional Skills Maths Entry 3*	CO	WHS00181A	Whitehaven Harbour Youth Project	Th	16/09/2021	18	09:15	12:15	FREE	M
Functional Skills Maths Level 1*	CO	WHS00161C	Whitehaven Harbour Youth Project	Th	16/09/2021	18	12:45	15:45	FREE	M
Functional Skills Maths Level 2*	CO	WHS00171B	St Benedict's RC High School	Th	16/09/2021	18	18:00	21:00	FREE	M
Extended Award in Mathematical Skills Entry 1*	CO	WHS00931A	New Life Church (Whitehaven)	M	20/09/2021	30	09:30	11:30	FREE	M



Online courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
GCSE Maths*	S	SLS00011A	Online Delivery	W	08/09/2021	30	18:00	21:00	FREE	M
GCSE Maths*	E	SHS00001A	Online Delivery	Tu	14/09/2021	30	09:30	12:30	FREE	M
Functional Skills Maths Level 1*	E	SHS00031B	Online Delivery	Tu	14/09/2021	18	13:30	16:00	FREE	M
GCSE Maths*	CO	WHS00011A	Online Delivery	Tu	14/09/2021	30	18:00	21:00	FREE	M
Functional Skills Maths Level 2*	CO	WHS00171A	Online Delivery	W	15/09/2021	18	18:00	21:00	FREE	M
Functional Skills Maths Level 1*	CO	WHS00161A	Online Delivery	W	15/09/2021	18	18:00	21:00	FREE	M
GCSE Maths*	A	WOS00091B	Online Delivery	W	15/09/2021	30	18:00	21:00	FREE	M



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Family Learning Courses

Family Learning QUICK-SKILLS Online

We have an exciting opportunity for you to try Family Learning QUICK-SKILLS courses which we are delivering Online.

All our courses are available to view on our Family Learning section of the brochure and website:
<https://adultlearning.cumbria.gov.uk/subjects/family.asp>

How can a QUICK-SKILL benefit you?

- Your choice! We offer a pick and mix menu of QUICK-SKILL courses adapted to Online delivery to cover most of the Early Years and Primary Curriculum.
- A quick way to build specific skills and confidence: a half hour meet-up session to find out more, then (usually) three sessions of one and a half hours
- A great way to meet other parents, grandparents and carers of children in nursery and primary
- Enrol via our website and receive a link to join your course
- Keep up to date, explore ideas, make a resource, then try out with your child!

English: Ways to encourage Reading and Writing, support Spelling, Punctuation and Grammar;

Phonics: Sharing Stories and help your child hear, identify and use different sounds that distinguish one word from another.

Maths: Courses to cover the basics and get up to date as well as trickier topics, with plenty of ideas for games and activities to try with the children.

Science and Creativity: Encourage curious minds. Explore everyday Science. Create, design and make...

Health and Wellbeing: Healthier snacks and meals; ideas for keeping active... Bouncebackability (managing tough times); build self-esteem and confidence, help for a good night's sleep; calming and soothing, and more...

Early Years: Specially for families of children in the Early Years - all practical and fun... make puppets or a maths mobile, explore messy play or Science in Fairy Tales; build a reading den and new for 2021 - Active Start!



For all current and future courses, why not have a look at our website: adultlearning.cumbria.gov.uk

You will be able to find a wide range of courses updated daily that may inspire you to get back into learning! **You can book your place online** or contact the centre advertising your

Why not check out the Cumbria Adult Learning Social Media pages. Feel free to share and like with your friends! Stay up to date with what's going on, what's coming up and all of our latest news.



Facebook: @CumbriaLearning



Instagram: @CumbriaLearning

Zoom

We will be using the online platform Zoom to deliver classes to your computer, laptop or tablet.

How to join your Zoom class

1. When you enrol on the course, you will be given instructions how to download the Zoom app.
2. Before the start of your course the tutor will send you joining instructions. Do not give these details to anyone else.
3. Follow the link in the email from your tutor, on the stated day and time. You will be entered into a virtual waiting room, where you will be given access to the session by the tutor.

This system is free, secure and easy to use.

We look forward to welcoming you into our growing online community.

"Thank you for running the online course. I'm absolutely loving it. It's been exactly the right sort of level for me." **Zoom Learner**



Why learn with Cumbria Adult Learning?

Quality

As a leading provider of Cumbria Adult Learning across Cumbria, we ensure all our courses are of the highest quality.



Enjoyment

We pride ourselves on delivering classes that are fun and enjoyable.

Dedicated Staff

Our highly experienced tutors share their years of expertise with you to take your skills to the next level.

Employability

If you want to enhance your future career prospects, we offer a wide range of employability courses to strengthen your CV.

Building Communities

Take the opportunity to join a class and make new friends whilst uncovering hidden creative talents.



Further information on Fees

Current fees are published in our brochure and on the website. These prices are subject to change. The total price quoted is the amount payable in order to secure a course place. This includes tuition costs, examination fees (where applicable) and in some cases additional costs which relate to the particular course. Other optional materials, which may be associated with the course, are available for purchase as identified in the course outline. Unless details are provided in the course outline, you are advised not to buy equipment, books or materials until after the first session.

By signing the enrolment you are self-declaring that you fit the appropriate category of eligibility. All enrolments are subject to final verification and approval by Cumbria Adult Learning. Should the concession selected not meet our terms, you will be contacted in order that your enrolment can be corrected. You will be asked to pay for any course fees where concessions are not permitted.

Learning Support

Learning Support is provided to meet the needs of learners who have an identified learning difficulty and/or disability. If you feel you are eligible for this support or require further information then please contact your Cumbria Adult Learning Centre.

Refund Policy

Once a course has begun, we will only consider refund requests in exceptional personal or family circumstances. However, if the refund affects the continued viability of the course then Cumbria Adult Learning reserves the right to refuse the refund. If you need to withdraw from a course before it begins, we will process refund requests as follows:

- If the request is made more than eight weeks before the course starts, a full refund will be returned.
- If the request is made less than eight weeks and more than one week before the course starts, a full refund less a £10 cancellation fee will be returned.
- No refunds will be made if you withdraw from a course less than seven days before the start.

Course viability

Please note that the running of each course is considered on individual merit and Cumbria Adult Learning reserves the right to withdraw or cancel a programme whenever its viability cannot be assured. Some courses may be viable with smaller numbers, whilst others may require larger groups of learners in order to run successfully. The decision of whether a course will run or not will be made no later than 5 working days prior to the advertised start date. In the event that it is not possible for a course to run we will contact you personally to offer a full refund or to discuss alternative options.



Find

You can find a course in this brochure or search online by subject, title or by area: adultlearning.cumbria.gov.uk



Book

You can book your place over the phone, at your local centre or even book and pay online.



Enrol

You may be required to confirm some of your details collected Online and provide evidence to support any concessions which may entitle you to a reduced fee e.g. NI Number, benefit evidence and proof of identification. Enrolment is online through the Cumbria Adult Learning Website adultlearning.cumbria.gov.uk/ If you experience any problems or are unable to book online, please contact your local centre where paper based enrolments can be completed. (Page 3).

Minimum Age - Please note that you must be aged 19 or over on 31 August 2021 to access one of our courses.

Course Fees

Code	Type of Provision	Remission/fees	Funding Information
S	Fully-subsidised Community Learning	Free to all learners	100% subsidised by the Government's Education and Skills Funding Agency (ESFA)
P	Part-subsidised Community Learning	Reduced fees apply	There is a fee for this course but it has been reduced significantly as it is part-subsidised through the ESFA. Individuals may also be eligible for a further fee reduction if they are unemployed, low-waged or on another means tested benefit.
F	Full-cost Community Learning	Fees apply to all individuals	This course is not supported by Government funding and reduced fees do not apply.
M	Accredited Maths or English Qualification	Free to all learners if prior attainment is below GCSE grade 9-4 or A-C	100% subsidised by the Government's Education and Skills Funding Agency (ESFA).
A	Accredited Skills Qualification up to Level 2	Fees apply but free to some individuals	Qualification may be free to individuals who are unemployed, low waged (less than £17,004.00 gross annual salary) or they are aged 19-23 and their highest prior attainment is less than Level 2. Reduced fees apply for all other individuals as qualification is part-subsidised through the ESFA.
B	Accredited Skills Qualification	Fees apply to most individuals	In most cases this course will not be supported by Government Funding. However, in some instances individuals may be eligible for support if they meet certain conditions or they may be eligible for an advanced learner loan to help with fees.