

## **Talk and Tidy – Staying Safe**

When committing to our talk and tidy sessions please provide your name, email and contact number direct to the [alldalehub@cumbria.police.uk](mailto:alldalehub@cumbria.police.uk). The team will use this information to contact you with updates about the arranged activity.

Please wear appropriate clothing for the activity to ensure you are warm, dry and clearly visible.

Whilst out and about, we hope to engage and communicate with residents as much as possible, if you receive any reports of crime or environmental issues please encourage individuals to report these through the My Allerdale app or the 101emails@cumbria.police.uk service, or you could of course do this yourself.

We will use any photos from the activity to publicise via various media channels and partners, if you do not wish to be included in these please refuse to have your picture taken at the time.

### **Method 1 - Litter-picking alone or in pairs**

Before going out in pairs, please remember:

Individuals currently shielding, in 'at risk' groups, displaying symptoms (or in contact with those with symptoms) or have been directly advised to self-isolate should not litter-pick.

If you have equipment and wish to give it to other people for litter-picking, please follow these points:

- Please supply volunteers with litter-pickers. Ask volunteers to use their own gloves.
- We would recommend volunteers keep hold of this kit for the foreseeable future, rather than return it after each use so that only they use it.
- Please share the *Guidance for volunteers working alone or in pairs* (below) with volunteers.

#### **Guidance for volunteers working alone or in pairs**

- Tell someone where you are going and stay in mobile contact.
- Use your own gloves and a litter-picker. Clean both after use before storing.
- Wash hands before and after at home or nearby w/c facilities.
- Carry hand sanitiser if you have some.
- Stay at least two metres from fellow volunteer and members of the public (one metre only if you have a face covering on).
- Place full bags next to a waste bin and submit a 'littering' report via the MyAllerdale app to with the detail of the location and 'organised litter pick' in the description
- Don't pick up sharps/syringes.

- Litter should be tied up in strong waste sacks.

### **Method 2 – Small groups ( not applicable at this time – pairs at 2 metres apart only)**

A small group is defined as a maximum of six people (including the Group Leader). Please ensure that you check local rules and follow any changes to Government guidance.

- You will need to check that your local authority are currently able to collect your clean up's litter. If they don't have capacity to do this, please refer back Method 1 above.
- Directly invite volunteers to clean-ups so that you know exactly who will turn up and to keep numbers within limits set by Government guidance.
- As summer approaches, be aware that certain areas could be very busy so you may want to consider the timing of clean ups eg in the evening and avoiding weekend times.
- Be aware of any 'pinchpoints' with lots of people congregating. Keep social distancing and wash hands after touching shared surfaces.
- Observe social distancing, particularly at start and end of event when equipment being handed out/collected and during the safety briefing, which should be held outside.
- Provide hand sanitising or ask volunteers to bring their own.
- Signing in should be carried out by the group leader – completing a form themselves rather than sharing pen and paper.
- First Aid Treatment – please see current advice from St. John Ambulance <https://www.sja.org.uk/get-advice/first-aid-advice/covid-19-advice-for-first-aiders/>
- Any returned equipment should be sanitised at the end of each event.
- The group leader should make sure everyone has their own gloves and, ideally, bring spare clean gloves that people can take home.
- Share the guidance below with volunteers ahead of the clean-up.

### **Guidance for Volunteers working in small groups**

- Individuals currently shielding, in 'at risk' groups or displaying symptoms (or in contact with those with symptoms) or have been directly advised to self-isolate should not litter-pick.
- Bring your own gloves.
- Wash hands before and after at home or nearby w/c facilities.
- Carry hand sanitiser if you have access to some.

- Stay at least two metres from fellow volunteer and members of the public (one metre only if you have a face covering on).
- Don't pick up sharps.
- Litter should be tied up in strong waste sacks.
- If taking a litter picker home at the end of a clean-up, please sanitise